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| Mileage | **Sunday Suggested Route: Directions** | **Comments** |
| Meeting point: | Newport on Tay Car Park (From North, cross Tay Bridge and turn Left to reach Car Park) | The car park has a coffee kiosk and great views across the Firth of Tay to Dundee |
| Leaving... | Turn Left from Car Park access road onto B946 | Just about 100 metres…. |
| ... | Turn Left at T-junction on B946 | Signed Newport |
| 0.9 miles | At 2nd Roundabout, Take first exit to stay on B946 | In Newport. High Road – Church on Right |
| 2.6 miles | Turn Right onto unnamed road | Just after Wormit 30mph ends, signed Gauldry, Balmerino, Newburgh |
| 1.1 miles | Turn Right onto unnamed road | Signed Bottomcraig, Balmerino |
| 2.4 miles | Turn Right onto unnamed road | Signed Newburgh 9 |
| 1.4 miles | Turn Right at crossroads (Give Way) | Signed Newburgh (& Scenic route to Perth) |
| 6.8 miles | Turn Left onto A913 at Newburgh | Signed Lindores, Cupar, St. Andrews *(Look out for the new Lindores Abbey Distillery on the Left )* |
| 1.8 miles | Turn Right onto B937 at Lindores | Signed Collessie (Small sign!) - Lindores Loch to Right |
| 2.9 miles | Turn Left into Collessie (Just **BEFORE** Trafalgar Junction, DO NOT JOIN A91) | Signed Collessie |
| ... | Continue through Collessie and Monimail to & through Letham | Keep Left under low bridge in Collessie |
| 2.3 miles | Cross A92 at Letham (Slightly staggered R/L) | Signed Bow of Fife |
| 1 mile | Cross A91 (Staggered R/L) | Signed Pitlessie 2 ½ |
| 2.5 miles | Turn Left onto A914 | Signed St.Andrews, Tay Bridge A914 |
| 2 miles | Turn Right at Unnamed road | Signed Craigrothie, Chance Inn, Ceres |
| 1.1 miles | Turn Right onto A916 | Signed Ceres 1 ¼ |
| 0.9 miles | Turn Left onto B939 Ceres Road | Signed St. Andrews 9 |
| 1.5 miles | Turn Right (Just before bridge, War meml. To Left) | Signed Lundin Links, Largo |
| 2.9 miles | Give way at Crossroads, go straight on…. |  |
| 3 miles | At T-junction Turn Left (after Kirkton of Largo School) | … for 282 feet to next sign…. |
| ... | Continue straight, joining A917 | Signed Elie, Anstruther, Crail, Colinsburgh |
| 2.4 miles | Turn Right to stay on A917 | Signed Elie, Fife Coastal Tourist Route |
| 1.4 miles | Turn Left by Elie Holiday Park | Signed Kilconquhar |
| 0.3 miles | At Give Way, keep left onto B941 | Signed Cupar |
| 0.4 miles | Turn Right onto Balbuthie Rd. at far end of Kilconquhar village | Signed St. Monans 2 ¼ |
| 1.6 miles | Turn Left at T-Junction onto A917 | There may not be a sign! Continue through St. Monans & Pittenweem |
| 3.4 miles | Suggested lunch stop: Turn Right on Bankwell Road | Just into Anstruther 30mph, Signed Anstruther Golf Course & The Rockies Restaurant. (Brown sign) |
| 0.2 miles | Follow Bankwell Road to Anster GC and Rockies Restaurant. | Golf club restaurant with great views across the Firth of Forth to Isle of May and Bass Rock.  Tel. 01333 313314 to book. |
|  | Alternatively stop for Fish’n’Chips in Anstruther...  For those wishing to check out the Crail Raceway….  For those heading back to Aberdeen/Dundee areas, continue on A917 through Crail & St. Andrews, follow signs to Tay Bridge…. | Continue after lunch to Crail, at the roundabout at the far end of the town continue straight to reach Crail raceway. |