

Fundraising Cycling Trip in aid of Prostate Cancer UK - Lands End to John O'Groats - 31 May -13 June 2022

Mike Allen, Les Appleby, Dave Basham, Gary Richards and Simon Taylor

EVENT PROGRAMME

Date	Day	Distance (miles)	Running Total	Ascent (feet)	Approx location Lunch Stop	Overnight Stop	Overnight Accom
30-May	Mon	0.00	0.00	0	0	Lands End	Lands End Hotel TR19 7AA
31-May	Tues	80.4	80.4	6240	North of Truro	Tintage	Cornishman Inn PL34 ODA
01-Jun	Wed	81.9	162.3	2461	North of Oakhampton	Wellington	Blue Mantle Hotel TA21 8AW
02-Jun	Thurs	76.3	238.6	643	Axbridge	Chepstow	Beaufort Hotel NP16 5EP
03-Jun	Fri	68.6	307.2	4242	South Hereford	Ludlow	The Town House SY8 1NG
04-Jun	Sat	78.7	385.9	2740	Market Drayton	Northwich	Premier Inn South CW9 8EG
05-Jun	Sun	63.8	449.7	904	Hindley	Clitheroe/Waddington	The Higher Buck BB7 3HZ
06-Jun	Mon	77.8	527.5	4331	Hawes	Penrith	The Lounge/Tynedale CA11 8HR
07-Jun	Tues	69.1	596.6	451	Gretna	Moffat	Harfell Guest Hse CA11 8HR
08-Jun	Wed	70.2	666.8	6070	South Penicuik	Halbeath/Dunfermline	Holiday Inn KY11 8JH
09-Jun	Thurs	65.9	732.7	4272	Dunblane	Bridge of Cally	Bridge of Cally Hotel PH10 7JJ
10-Jun	Fri	58.8	791.5	6220	Braemar	Tomitoul	The Square Hotel AB37 9ET
11-Jun	Sat	74.1	865.6	2648	Cawdor	Evanton	Novar Arms Hotel IV 16 9UN
12-Jun	Sun	76.5	942.1	2861	Lairg	Betty Hill	Betty Hill Hotel KW14 7SP
13-Jun	Mon	50.4	992.5	3274	Thurso	John O'Groats	Premier Inn, Inverness IV2 3BW

To sponsor the Team please visit www.justgiving.com/fundraising/OneMillionPotholesfromLandsEnd - Take 2